

Krawiec, Zbigniew

TREATMENT

Failure to obtain prior authorization

Proper and necessary medical and surgical services (RCW 51.36.010)

The Board will consider a worker's post-surgical improvement in determining whether treatment originally denied by the Department or self-insured employer was reasonable and necessary, despite the surgeon's failure to obtain prior authorization or second opinion.*In re Zbigniew Krawiec*, BIIA Dec., 90 2281 (1991) [dissent] [Editor's Note: Compare *In re Iva Labella*, BIIA Dec., 89 3586 (1991).]

Scroll down for order.

1 as a rather large disc rupture. Despite the surgery, Mr. Krawiec failed to improve as hoped and
2 continued to complain of pain and numbness.
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4 By March of 1989, Dr. Demakas felt there was evidence that Mr. Krawiec had a recurrent disc
5 herniation and that a second low back surgery might be necessary. In October of 1989, he discussed
6 scheduling the surgery with Mr. Krawiec. However, before scheduling could be completed,
7 investigators for the employer produced surveillance videotapes of Mr. Krawiec which persuaded Dr.
8 Demakas that he (Mr. Krawiec) had not been accurate about the symptoms reported. Dr. Demakas
9 withdrew his recommendation for further surgery because of the discrepancies between Mr. Krawiec's
10 claims of pain and physical limitation and his movements in the videotape.
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12 In January of 1990, Mr. Krawiec saw Dr. James Williams, certified orthopedic surgeon, who
13 independently concluded that Mr. Krawiec was a candidate for surgical exploration of the L4-5
14 interspace. Dr. Williams based his opinion on examination findings and on a recently performed
15 myelogram, CT scan, and MRI study. Dr. Williams wrote the employer's service representative and
16 explained that if Mr. Krawiec did not respond to conservative care surgical intervention would be
17 indicated. However, the employer declined to authorize surgery. Thus, on April 11, 1990, the
18 Department issued the order under appeal here denying the claimant's request for low back surgery.
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20 On April 30, 1990, the claimant filed his appeal from the April 11, 1990 order with the Board of
21 Industrial Insurance Appeals. Specifically, Mr. Krawiec asked that the Department be reversed and
22 the second low back surgery be authorized.
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24 On July 18, 1990, before the appeal could be resolved, Dr. Williams proceeded with Mr.
25 Krawiec's second low back surgery. He did not obtain a further formal second opinion and did not
26 secure prior authorization from the employer. Significantly, however, the surgery was successful. Dr.
27 Williams found objective evidence of low back pathology including two disc fragments the size of the
28 tip of a person's little finger. In his words, the amount of herniated disc material removed would be
29 consistent with a great deal of pain. Additionally, Mr. Krawiec has reported some subsequent
30 improvements in his complaints.
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32 This case is presently before us, in part, because of Dr. Williams failure to secure a second
33 opinion and authorization before proceeding with the July 18, 1990 surgery. As a starting point in our
34 analysis, we recognize and affirm the positive public policy the Department of Labor and Industries
35 serves in regulating surgeries. Although RCW 51.36.010 states that a worker shall receive proper and
36 necessary medical services during the period of his or her disability, WAC 296-20-010002 defines
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1 those health services that are medically necessary. That section states that health services are
2 medically necessary which, in the opinion of the director are (a) proper and necessary for the
3 diagnoses and curative or rehabilitative treatment of an accepted condition; and (b) reflective of
4 accepted standards of good practice within the scope of the provider's license or certifications; and (c)
5 not delivered primarily for the convenience of the claimant, the claimant's attending doctor, or any
6 other provider; and (d) provided at the least cost and in the least intensive setting of care consistent
7 with the other provisions of this definition.
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11 The Washington Administrative Code is reasonably clear that a physician shall obtain
12 authorization before proceeding with surgery. WAC 296-20-03001(2) states, in relevant part,
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14 The Department may designate those inpatient hospital admissions that
15 require prior authorization.
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18 Similarly, WAC 296-20-03001(15) states,

19 Where a worker has a medical condition which necessitates a hospital
20 admission, prior approval of the Department or self-insurer must be
21 obtained.
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23 As our hearings judge ably pointed out, the Washington Administrative Code is also clear that a
24 physician shall obtain a concurring opinion before proceeding with surgery. Restated, the decision to
25 proceed with surgery must be supported by a consulting opinion from a qualified doctor with
26 experience and expertise on the subject. WAC 296-20-045. Surgeries requiring second opinions
27 include non-emergent back surgery (WAC 296-20-045(1), repeat non-emergent major surgery (WAC
28 296-20-045(2), and non-emergent surgery on patients with serious emotional or social problems
29 (WAC 296-20-045(3)).
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33 However, this analysis is not dispositive of the present appeal. Even as we acknowledge the
34 above sections, we recognize a tension in the law. RCW 51.12.010 states,
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36 This title shall be liberally construed for the purpose of reducing to a
37 minimum the suffering and economic loss arising from injuries and/or
38 death occurring in the course of employment.
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40 In Gaines v. Dep't of Labor & Indus., 1 Wash.App. 547, 552 (1969) the court wrote,
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42 The entire statute shall be liberally construed to advance the remedy
43 provided by the Act to conform to the spirit as well as the letter of the
44 Act and that any doubt as to the meaning of the statute should be
45 resolved in favor of the claimant for whose benefits the Act was passed.
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47 Id. 552.

1 And, our Supreme Court wrote in Sacred Heart Medical Center v. Carrado, 92 Wn.2d 631 (1975),

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3 It must be kept in mind that the Industrial Insurance Act, while it changes
4 the common law, is remedial in nature and is to be liberally applied to
5 achieve its purpose of providing compensation to all covered persons
6 injured in their employment.

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8 Id. 635.

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10 In light of the above, we find it to be of questionable value to review the appropriateness of a
11 successful surgery solely in terms of whether a physician obtained prior "authorization" or prior
12 "concurring surgical opinion".

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14 Professor Larson has observed, difficult questions can arise when there is a difference of
15 opinion about treatment, as in the situation where an employer's doctor recommends conservative
16 measures while the injured worker's doctor advises surgery. Professor Larson noted that one way to
17 settle this kind of controversy is to let the result turn on whose diagnoses proved to be right. A.
18 Larson, The Law of Workmen's Compensation, § 61.12(e), at 10-707.

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20 In the California case of McCoy v. Industrial Accident Commission, the employer had
21 discontinued medical treatment on the advice of a physician. The claimant went to her own doctor
22 who diagnosed a possible ruptured disc. The diagnosis proved to be correct after surgery. The
23 claimant was held entitled to be reimbursed for the self-procured treatment, since the employer had
24 denied liability for further treatment, and the claimant was not required to provide the employer with
25 another opportunity to provide surgery after the diagnoses made by her doctor. McCoy v. Industrial
26 Accident Commission, 64 Cal.2d 82 (1966). Our neighboring state of Oregon has decided this issue
27 in a similar manner. There, a claimant had surgery despite a preoperative disagreement about the
28 claimant's need for such. The surgeon, testifying to the claimant's improvement after the surgery,
29 reported that the operation had been necessary to remove the claimant's constant pain. In affirming
30 medical benefits for the surgery, the court held that the Board properly considered the claimant's post-
31 surgical improvement in determining whether the treatment was reasonable and necessary. Linn Care
32 Center v. Cannon, 74 Or.App. 707; 704 P.2d 539 (1985).

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34 A review of the evidence in this case indicates that Dr. Williams' testimony was uncontroverted
35 concerning the findings established by surgery. Specifically, Dr. Williams removed two large disc
36 fragments from the L4-5 disc which would be consistent with Mr. Krawiec experiencing a great deal of
37 pain. Regardless of how strong the opinions might be from the other physicians who testified, Dr.
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1 Williams had the benefit of first hand observation of Mr. Krawiec's herniated disc. Equally important,
2 Mr. Krawiec said his condition was improved by the surgery.
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4 We are aware of the disputed credibility of Mr. Krawiec's reports of his physical condition. In
5 light of the findings during surgery, he had a physical basis for some pain complaints even though
6 others may have been exaggerated. Likewise, the removal of the disc fragments provides a basis to
7 lend some credibility to his report of improvement.
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10 We will act with the advantage of hindsight and allow this surgery where the claimant has
11 proven by a preponderance of the credible medical evidence, some of it based on objective findings,
12 that the surgery was medically necessary. We recognize that the Department of Labor and Industries,
13 however careful, deliberate, and well intentioned, will err from time to time in evaluating a given
14 claimant's need for surgery. To fail to provide recourse for the claimant and physician who proceed
15 with a successful surgery, despite an absence of authorization and/or a consulting opinion, is to place
16 simplistic, mechanical adherence to the medical aid rules above the requirement that the Industrial
17 Insurance Act be liberally construed. Such a purely mechanical approach is ill founded and will not be
18 followed here.
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24 In this case, Dr. Williams and Mr. Krawiec took a chance. Had Dr. Williams failed to find a
25 surgically correctable lesion causally related to the industrial injury or had he failed to improve Mr.
26 Krawiec's industrially related condition, there is little question but that the allowance of the surgery
27 would be denied. Our decision here is not an endorsement given to physicians to proceed with
28 surgery based on nothing more than medical whimsy and a hope of good results. To the contrary, our
29 decision is limited in scope to the facts of this particular case!
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33 We wish, again, to note that we have reviewed the exhibits presented and are well aware of
34 the discrepancies between Mr. Krawiec's physical complaints and his demonstrated abilities. Mr.
35 Krawiec has made an effort to embellish his symptoms to his attending physicians and others. We
36 understand the reticence if Dr. Demakas in proceeding with surgery where his confidence in the
37 outcome was shaken. However, the fact that Mr. Krawiec embellished his symptoms does not defeat
38 the fact that some of his complaints were evidently genuine. Mr. Krawiec's surgery of July 18, 1990
39 objectively demonstrated a basis for his complaints that cannot be ignored. We again recall that the
40 Act is to be construed to reduce to a minimum the suffering and economic loss arising from industrial
41 injuries. Here the statutory mandate of liberal construction requires a decision in Mr. Krawiec's behalf.
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1 Findings of Fact Nos. 1, 2, 3, and 4 as stated in the Proposed Decision and Order are hereby
2 adopted as this Board's findings. Likewise, Conclusion of Law No. 1 as stated in the Proposed
3 Decision and Order is adopted. In addition, we make the following findings and conclusions:
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6 **FINDINGS OF FACT**
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- 8 5. The exploration of the claimant's lumbosacral spine at L4-5 on July 18,
9 1990 was medically necessary for treatment of the claimant's industrially
10 related condition.

11 **CONCLUSIONS OF LAW**
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- 13 2. As of April 11, 1990, the claimant's industrially related condition was not
14 fixed and stable within the meaning of the Industrial insurance Act.
15 3. The re-exploration of the herniated disc at L4-5 performed on July 18,
16 1990 was proper and necessary medical treatment within the meaning of
17 RCW 51.36.010.
18 4. The order of the Department of Labor and Industries dated April 11, 1990
19 which determined that the claimant's condition was fixed and stable and
20 which further denied his request for low back surgery, is incorrect and is
21 reversed and this matter is remanded to the Department of Labor and
22 Industries with directions to issue an order determining that the claimant's
23 condition was not fixed and stable and that further surgery to the
24 claimant's lumbosacral spine should be authorized and appropriate
25 benefits shown to be causally related to said surgery be allowed and paid.
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27 It is so ORDERED.

28 Dated this 17th day of October, 1991.
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30 BOARD OF INDUSTRIAL INSURANCE APPEAL

31
32 /s/
33 S. FREDERICK FELLER Chairperson

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35 /s/
36 FRANK E. FENNERTY, JR. Member
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38 **DISSENT**
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40 I am not at all persuaded to disturb the thorough and thoughtful Proposed Decision and Order.
41 I would adopt all the reasoning therein, as well as the proposed findings and conclusions.
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43 While it may be proper, in appropriate cases, to utilize hindsight in determining whether
44 invasive surgery such as occurred here should be considered as proper and necessary, I am nowhere
45 near as persuaded, as the majority seems to be, that this surgery was "successful" in improving
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1 claimant's low back condition, in light of the claimant's extreme functional component and obvious
2 prior exaggerations of subjective complaints. Our industrial appeals judge, based on observations of
3 claimant's demeanor, was clearly not persuaded by Mr. Krawiec's off-hand remark that he was "glad"
4 he had the controversial surgery. Nor am I. That does not translate into a determination that the
5 surgery had proven to be necessary and helpful.
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9 I would affirm the Department order of April 11, 1990.

10 Dated this 17th day of October, 1991.
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12 /s/
13 PHILLIP T. BORK Member
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