

1 The ultimate total disability determination in these appeals is complicated by the fact that
2 during the total disability period at issue Ms. Leetta also suffered from diffuse right-sided myofascial
3 pain. Leah C. Brown, M.D., an orthopedic surgeon, established that the myofascial pain syndrome
4 had progressed and become disabling after the August 14, 2013 industrial injury but was not
5 proximately caused or aggravated by it. Ms. Leetta had a number of conditions and injuries prior to
6 the August 14, 2013 industrial injury, some of which required medical treatment on an intermittent
7 basis. No testimony, medical or otherwise, suggests that any of those conditions was disabling
8 leading up to the date of injury. None of those conditions prevented her from working or changing
9 jobs.
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12 After the industrial injury, Ms. Leetta was totally disabled for a period of time due to the
13 shoulder conditions from the industrial injury alone. After she underwent shoulder surgery in
14 January 2014, her right shoulder improved to the point that its mobility was no different than that of
15 her left shoulder. After surgery, the residual right shoulder disability alone prevented Ms. Leetta from
16 working at her job of injury, but not at all jobs.
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19 Adam Normoyle, Sr., a vocational rehabilitation counselor, concluded Ms. Leetta could transfer
20 to positions including shuttle driver, cashier, and general clerk. He also concluded she could work
21 as a sales associate and preschool teacher. Janet E. Ploss, M.D., an occupational medicine
22 specialist, treated Ms. Leetta for her shoulder condition beginning two weeks after the industrial injury.
23 She believed that Ms. Leetta could not return to her paratransit driver job of injury, but she could work
24 at the positions suggested by Mr. Normoyle. Their opinions were based on physical restrictions due
25 to the shoulder injury alone and did not consider the myofascial pain syndrome that only became
26 disabling after the industrial injury. Opinions supporting total disability in this record relied on
27 consideration of all physical and mental conditions, including the right-sided myofascial pain
28 syndrome.
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31 If a preexisting condition, disabling or not as of the date of the industrial injury, worsens and
32 becomes (more) disabling afterwards and the industrial injury is not a cause (by direct injury or
33 aggravation) of the worsening, only the disability that existed as of the date of the industrial injury
34 may be considered in determining whether the worker is totally disabled. Any increase in the disability
35 attributed to the preexisting condition may not be considered unless that post-industrial-injury
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1 increase in disability was proximately caused by the injury.³ The preponderance of the medical and
2 vocational evidence proves that Ms. Leetta was able to obtain and perform some form of gainful
3 employment when only the disabilities caused by the industrial injury are considered. The inability to
4 work arises only if the preexisting diffuse right-sided myofascial pain condition that worsened after
5 the industrial injury is added to the disabilities caused by the industrial injury. Under such a scenario,
6 Ms. Leetta would not be entitled to additional total disability benefits because her inability to work was
7 not proximately caused by the August 14, 2013 industrial injury.
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11 *Allen v. Department of Labor & Indus.*⁴ is an application of this rule. In *Allen* the worker
12 sustained two industrial injuries and the claims for both had been closed. Afterward, the disability
13 covered by the first claim worsened and the claim was reopened. The worker was found to have a
14 permanent total disability proximately caused by the worsening of the first claim. A finding of
15 permanent total disability based on the initial claim was consistent with *Erickson* since the legal
16 cause, the later disability, was work related due to the aggravation of disabilities attributable to the
17 initial industrial injury. In Ms. Leetta's case, however, the diffuse right-sided myofascial pain was not
18 causally connected to an earlier industrial injury nor was it aggravated by the August 14, 2013
19 industrial injury. Thus, the proximate cause of Ms. Leetta's inability to work was the post-injury
20 worsening of the preexisting diffuse right-sided myofascial pain. The residual right shoulder disability
21 from the August 14, 2013 industrial injury was merely a condition on which the cause operated and
22 not itself a proximate cause of total disability under the Industrial Insurance Act.
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26 In her Petition for Review, Ms. Leetta quotes language from *Shea v. Department of Labor &*
27 *Indus.*,⁵ as well as one of our significant decisions, *In re Carlton Hague*,⁶ to argue the appropriate
28 legal standard of proof should be "significantly contributing cause" rather than "proximate cause"
29 when determining whether the required causal connection exists between the industrial injury and
30 her inability to work.⁷
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34 The Proposed Decision and Order⁸ also quoted the language from *Shea* that appears to apply
35 "significantly contributing cause" rather than proximate cause as the standard to be proven by a
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42 ³ *Erickson v. Department of Labor & Indus.*, 48 Wn.2d 458 (1956); *In re V. Pearl Howes*, BIIA Dec., 58,356 (1982); *In re*
43 *Coral Kaufman*, BIIA Dec., 59,962 (1982).

44 ⁴ 30 Wn. App 693 (1981).

45 ⁵ 12 Wn. App. 410 (1974), *review denied*, 85 Wn.2d 1009 (1975).

46 ⁶ BIIA Dec., 59,331 (1982).

47 ⁷ Petition for Review, at 4 & 10.

⁸ Proposed Decision and Order, p. 9.

1 worker to support an entitlement to total disability benefits. We disagree with this argument: the
2 appropriate legal standard to apply in total disability cases is that of "proximate cause," not
3 "significantly contributing cause."
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5 Throughout the history of the Industrial Insurance Act, the "proximate cause" standard has
6 been the legal standard of proof of causation when determining entitlement to benefits. The
7 preference for the proximate cause test in statutory workers' compensation cases mirrors the same
8 preference in common law negligent tort cases.⁹ In virtually all workers' compensation cases,
9 including those in which entitlement to total disability benefits was at issue, "proximate cause" has
10 been the legal standard of proof.¹⁰ A proximate cause is a cause that in a direct sequence unbroken
11 by any superseding cause produces the disability complained of and without which such a disability
12 would not have occurred.¹¹ Proximate cause is legal cause and is not always as broad as cause in
13 fact ("but for" causation).¹² Thus, a prior disability is not a proximate or legal cause but only a
14 condition on which the subsequent legal cause operates.¹³
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21 The factual and legal circumstances in *Shea* are materially different than in this case. In *Shea*
22 the worker sustained an industrial injury to his right shoulder and neck. Prior to that injury, however,
23 he had a significant progressive vascular condition unrelated to his employment. The vascular
24 condition progressed independently and rendered him unable to work. His claim was closed with a
25 permanent partial disability award, but when the neck and shoulder conditions worsened the claim
26 was reopened. When the claim was reclosed, the worker appealed arguing that he was permanently
27 and totally disabled due to the worsened disabilities from conditions accepted under the claim. The
28 court of appeals held that when a worker suffered from two disabling conditions, only one of which
29 was proximately caused by an industrial injury, and the progressive worsening of each when
30 considered independently was sufficient to cause the permanent incapacity to perform any gainful
31 employment, the worker is entitled to permanent total disability benefits even when he first became
32 totally disabled by reason of the unrelated disabling condition.
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42 ⁹ See, for example, *Eckerson v. Ford's Prairie School Dist. No. 11*, 3 Wn.2d 475 (1940) and *Blasick v. City of Yakima*,
43 45 Wn.2d 309 (1954).

44 ¹⁰ See, for example, *Hurwitz v. Department of Labor & Indus.*, 38 Wn.2d 332 (1951); *Kallos v. Department of Labor &*
45 *Indus.*, 46 Wn.2d 26 (1955); and *Erickson v. Department of Labor & Indus.*, 48 Wn.2d 458 (1956).

46 ¹¹ See WPI 15.01.

47 ¹² *Erickson*.

¹³ *Miller v. Department of Labor & Indus.*, 200 Wash. 674 (1939); *Erickson*; *In re Walter Larson*, BIIA Dec. 21,004 (1966).

1 If Ms. Leetta is totally disabled, it is only due to a combination of the disabilities due to the
2 industrial injury along with the subsequent disabilities from the unrelated diffuse right-sided
3 myofascial pain condition. Total disability in this case is not proven when considering either of the
4 two conditions independently of the other. The ruling in *Shea* does not apply in this case.
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7 In explanation of its ruling, the court in *Shea* wrote:

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9 When a **significantly contributing cause** of that inability [to perform
10 reasonably obtainable work] is an industrial injury or disease, the workman
11 is entitled to receive total disability benefits under the workmen's
12 compensation act, regardless of the fact that other circumstances and
13 conditions may also be considered contributing causes of that inability.

14 When the disabling condition **proximately caused** by an injury is no
15 longer remedial and its character has expectedly an unchangeable
16 existence, the resultant disability is said to be permanent. When the
17 totality and permanency coalesce, the individual is said to be totally and
18 permanently disabled, and when those qualities coalesce and an
19 industrial injury is a **significantly contributing cause** of the resultant
20 inability to perform reasonably obtainable work suitable to his
21 qualifications and training, regardless of the other causes, the workman
22 is entitled to pension benefits under the workmen's compensation act.¹⁴
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24 (Citation omitted. Emphasis ours.)

25 Division 2 of the court of appeals explained the language quoted above in *Wendt v.*
26 *Department of Labor & Indus.*¹⁵ In that case, the trial court denied an injured worker's requested jury
27 instruction that "simply lifts language from the *Shea* opinion"¹⁶ The court of appeals agreed with
28 the trial court, noting that the use of that phrase in the manner requested by the worker would confuse
29 the jury in regard to both terms. The potential for that problem had been recognized earlier by the
30 supreme court in *Ward v. Ticknor*, where the court noted that the indiscriminate use of these terms
31 can only lead to confusion of the jury.¹⁷ The *Wendt* court went on to apply the standard of "proximate
32 cause" rather than the one referred to in *Shea*, which the court referred to as explanatory only, not
33 for use in instructions. The court further noted that more appropriate description of the principle was
34 as a "multiple proximate cause" theory.¹⁸ We agree with the court in *Wendt* that in cases involving
35 multiple conditions and disabilities, some related to a workplace injury and some not, a more accurate
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44 ¹⁴ *Shea*, at 415-6.

45 ¹⁵ 18 Wn. App. 674 (1977).

46 ¹⁶ *Wendt*, at 682.

47 ¹⁷ *Ward v. Ticknor*, 49 Wn.2d 493, 497 (1956).

¹⁸ *Wendt*, at 682.

1 designation for the standard is "multiple proximate cause." That is the gist of multiple court and Board
2 decisions that note that an industrial injury need only be a proximate cause of an injury or a disability
3 rather than **the** proximate cause.¹⁹
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5 We applied the significantly contributing cause standard on one occasion, *In re Carlton Hague*.²⁰
6 Before Mr. Hague sustained his industrial injury he suffered a heart attack and a stroke affecting his
7 speech as well as undergoing groin arterial bypass surgery because of poor leg circulation. After the
8 industrial injury, Mr. Hague suffered another stroke and was found to have diabetes that required
9 medical treatment. We relied on *Shea* and *Allen* in applying the significant contributing cause
10 standard when determining the worker was entitled to total disability benefits. Our application of *Allen*
11 was unnecessary because, as we explained earlier, in the *Allen* case **all** conditions and disabilities
12 were industrially caused. Since that time, we have almost exclusively²¹ relied on *Wendt* and the
13 myriad of other court cases that apply the proximate cause standard in these situations. In one of
14 our significant decisions, *In re Coral Kaufman*,²² we described the language in *Shea* on which *Hague*
15 is based as dictum. This is a fair characterization considering there was no need for the *Shea* court
16 to consider the standard of proof in a multiple disability since it had already determined that the
17 industrial injury alone had proximately caused the worker's total disability. We have cited *Hague*, in
18 a number of our decisions without mentioning the standard we were applying,²³ or erroneously
19 attributing the proximate cause standard to it.²⁴ It appears that the *Wendt* court's fear that attempting
20 to juggle multiple standards would result in confusion has occurred. Therefore, because the correct
21 legal standard of proof of entitlement to total disability benefits is proximate cause, or in appropriate
22 cases, "multiple" proximate causes, we overrule *Hague* to the extent it relied on a significantly
23 contributing cause.
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41 ¹⁹ *Wendt*, at 683; *In re Shauna Guyman*, BIIA Dec., 05 13662 (2006).

42 ²⁰ BIIA Dec., 59,331 (1982)

43 ²¹ The sole exception is *In re Rebecca Wyatt*, Dckt No. 02 11961 (August 14, 2003), in which we cited *Hague* and applied
44 the significant contributing cause language without explanation.

45 ²² BIIA Dec., 59,962 (1982).

46 ²³ For example, *In re Richard Underwood*, Dckt. No. 00 17035 (November 29, 2001) and *In re Maria Valverde, Dec'd*,
47 Dckt. No. 13 12531 (March 25, 2014).

²⁴ For example *In re Kevin Dawson*, Dckt. No. 12 15792 (December 17, 2013).

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DECISION

In Docket No. 15 24959, the claimant, Sista Leetta, filed an appeal with the Board of Industrial Insurance Appeals on December 22, 2015, from an order of the Department of Labor and Industries dated November 2, 2015. In this order, the Department terminated time-loss compensation benefits effective April 27, 2015. This order is correct and is affirmed.

In Docket No. 15 24960, the claimant, Sista Leetta, filed an appeal with the Board of Industrial Insurance Appeals on December 22, 2015, from an order of the Department of Labor and Industries dated November 4, 2015. In this order, the Department closed the claim with a permanent partial disability award equal to 12 percent of the amputation value of the right arm at or above the deltoid insertion or by disarticulation at the shoulder. This order is correct and is affirmed

FINDINGS OF FACT

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1. On January 26, 2016, and February 8, 2016, an industrial appeals judge certified that the parties agreed to include the Jurisdictional Histories in the Board record solely for jurisdictional purposes.
 2. Sista Leetta sustained an industrial injury on August 14, 2013, while working for Sound Generations Senior Services as a paratransit driver. While attempting to push a large passenger in a manual wheelchair up an incline, Ms. Leetta felt a painful "pop" in her right shoulder. As a proximate result of the industrial injury Ms. Leetta suffered a right shoulder sprain/strain with shoulder impingement syndrome and a rotator cuff tear, requiring surgery.
 3. As of November 4, 2015, Sista Leetta was 63 years old. She had earned a high school diploma and certificates as a child care specialist, dialysis technician, and a family support specialist following training and course work at technical schools and a community college. Ms. Leetta's work history included working as a director/teacher at a child care facility; a sales associate and/or manager at various retailers; a dialysis technician; a behavioral rehabilitation specialist; and a paratransit driver.
 4. Before August 14, 2013, Sista Leetta had a history of back injuries, wrist injuries, carpal tunnel syndrome, and chronic, diffuse, right-sided myofascial pain, for which she sought treatment on an intermittent basis. None of these conditions hindered or prevented her from working or were otherwise disabling to her. These conditions were not aggravated, accelerated, or made disabling by the August 14, 2013 industrial injury.
 5. Sista Leetta's preexisting chronic, diffuse right-sided myofascial pain began to worsen around March 2014, leading to weakness of the right side of her body. These symptomatic changes and the worsening of this condition caused restrictions to her physical capacities and ability to work.

1 These symptomatic changes and the worsening of this condition were not
2 causally connected to the August 14, 2013 industrial injury.

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4 6. As a proximate result of conditions caused by the industrial injury alone,
5 Sista Leetta was permanently restricted from working as a paratransit
6 driver for Sound Generations Senior Services due to excessive lifting
7 requirements.
- 8 7. From April 28, 2015, through November 3, 2015, and as of November 4,
9 2015, as a proximate result of conditions caused by the industrial injury
10 alone, Sista Leetta was able to work as a cashier, with no lifting more than
11 5 pounds above shoulder height; a shuttle driver, with no lifting more than
12 5 pounds above shoulder height; a sales attendant, with no lifting more
13 than 5 pounds above shoulder height; and no lifting more than 20 pounds
14 as a general clerk. There was a positive current labor market for sales
15 attendant positions.
- 16 8. As a proximate result of conditions caused by the industrial injury alone
17 Sista Leetta was able to perform and obtain gainful employment on a
18 reasonably continuous basis from April 28, 2015, through November 3,
19 2015, and as of November 4, 2015.
- 20 9. As of November 4, 2015, Sista Leetta's conditions proximately caused by
21 the industrial injury were medically fixed and stable.

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24 **CONCLUSIONS OF LAW**

- 25 1. The Board of Industrial Insurance Appeals has jurisdiction over the parties
26 and subject matter in these appeals.
- 27 2. Sista Leetta was not a temporarily totally disabled worker within the
28 meaning of RCW 51.32.090 from April 28, 2015, through November 3,
29 2015.
- 30 3. Sista Leetta was not a permanently totally disabled worker within the
31 meaning of RCW 51.08.160, as of November 4, 2015.
- 32 4. The Department orders dated November 2, 2015, and November 4, 2015,
33 are correct and are affirmed.

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36 Dated: May 1, 2017.

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38 BOARD OF INDUSTRIAL INSURANCE APPEALS

39 
40 LINDA L. WILLIAMS, Chairperson

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42 JACK S. ENG, Member

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3 **Addendum to Decision and Order**
4 **In re Sista Leetta**
5 **Docket Nos. 15 24959 & 15 24960**
6 **Claim No. AV-53651**
7

8 **Appearances**

9 Claimant, Sista Leetta, by Law Office of Robert M Keefe, per Robert M. Keefe

10 Employer, Sound Generations Senior Services, by Integrated Claims Management, per
11 April Dini, Account Manager

12 Retrospective Rating Group, 501 (C) Agencies Trust #00185, None

13 Department of Labor and Industries, by Office of the Attorney General, per William F. Henry
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16 **Petition for Review**

17 As provided by RCW 51.52.104 and RCW 51.52.106, this matter is before the Board for review
18 and decision. The claimant filed a timely Petition for Review of a Proposed Decision and Order issued
19 on November 17, 2016, in which the industrial appeals judge affirmed the orders of the Department
20 dated November 2, 2015, and November 4, 2015.
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22 **Evidentiary Rulings**

23 The Board has reviewed the evidentiary rulings in the record of proceedings and finds that no
24 prejudicial error was committed. The rulings are affirmed.
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