

## **Roberson, Leonard**

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### **AGGRAVATION (RCW 51.32.160)**

#### **Proximate cause of worsened condition: new occupational disease vs. aggravation**

Whether a carpal tunnel condition resulting from employment activities which give rise to a need for surgery is an aggravation of an occupational disease for which prior claims were filed, or a new occupational disease, is a question of proximate cause. A claim of aggravation of a prior condition and a claim for a new occupational disease may not be mutually exclusive. ...*In re Leonard Roberson, BIIA Dec., 89 0106 (1990)*

### **OCCUPATIONAL DISEASE (RCW 51.08.140)**

#### **Successive insurers**

The provisions of RCW 51.32.080(3) which require segregation of preexisting conditions cannot be used in an attempt to avoid the "successive insurer rule" prohibiting apportionment. However, employers who take responsibility for current conditions may avoid future responsibility where subsequent employment conditions may constitute a supervening cause of the worsening of the preexisting condition. ...*In re Leonard Roberson, BIIA Dec., 89 0106 (1990)* [*Editor's Note: The referenced provisions of RCW 51.32.080 are currently found in subsection (5).*]

Scroll down for order.

**BEFORE THE BOARD OF INDUSTRIAL INSURANCE APPEALS  
STATE OF WASHINGTON**

1     **IN RE: LEONARD C. ROBERSON**             )     **DOCKET NOS. 89 0106, 89 0107, & 89 0820**  
2   )  
3     **CLAIM NOS. S 739776, S 739787, &**     )  
4     **K 100288**                                     )     **DECISION AND ORDER**  
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6     **APPEARANCES:**

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8             Claimant, Leonard C. Roberson, by  
9             Harpold, Fornabai & Fiori, P.C., per  
10            David L. Harpold

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12            Self-Insured Employer, Iowa Beef Processors, Inc., by  
13            Rolland, O'Malley & Williams, P.S., per  
14            Julie Hatcher, legal secretary, and  
15            James L. Rolland and Wayne L. Williams

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17            State Fund Employer, Paschen Contractors, Inc., by  
18            None

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20            Department of Labor and Industries, by  
21            The Attorney General, per  
22            Larry Watters, Assistant  
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24            Docket No. 89 0106 is an appeal filed by the self-insured employer, Iowa Beef Processors, Inc.,  
25     on January 12, 1989 from an order of the Department of Labor and Industries concerning Claim No.  
26     S-739776 dated November 18, 1988, which set aside and held for naught a Department order dated  
27     August 12, 1988 and reopened the claim effective June 20, 1988 for authorized treatment and action  
28     as indicated, based on aggravation of claimant's right wrist condition.     **REVERSED AND REMANDED.**

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30            Docket No. 89 0107 is an appeal filed by the self-insured employer, Iowa Beef Processors, Inc.,  
31     on January 12, 1989 from an order of the Department of Labor and Industries concerning Claim No.  
32     S-739787 dated November 18, 1988 which set aside and held for naught a Department order dated  
33     August 12, 1988 and reopened the claim effective June 20, 1988 for authorized treatment and action  
34     as indicated, based on an aggravation of claimant's left wrist condition.     **REVERSED AND**  
35     **REMANDED.**

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37            Docket No. 89 0820 is an appeal filed by the claimant, Leonard C. Roberson, on March 16,  
38     1989 from an order of the Department of Labor and Industries concerning Claim No. K-100288 dated  
39     March 7, 1989 which rejected the claim for benefits on the basis that the medical evidence disclosed  
40     that the condition, bilateral carpal tunnel syndrome, was a preexisting condition and the medical  
41     condition had been allowed under the self-insured claim Nos. S-739776 and S-739787. The order  
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1 also demanded reimbursement of provisional time loss compensation paid for the period January 9,  
2 1989 through March 4, 1989 in the amount of \$2,271.94. **REVERSED AND REMANDED.**

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4 **PROCEDURAL RULING**

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6 By agreement of the parties, all three of these appeals were consolidated before our industrial  
7 appeals judge for the purposes of conference, hearing, and decision. However, at the time the  
8 Proposed Decisions and Orders were issued, the appeals were deconsolidated. One Proposed  
9 Decision was issued with respect to the self-insured claims, and a separate Proposed Decision and  
10 Order was issued with respect to the state fund claim. Since the parties have agreed that the issues in  
11 all three appeals should be tried and decided together, and because the issues involved are  
12 intrinsically intertwined, we have reconsolidated the appeals for the issuance of one Decision and  
13 Order.  
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18 **DECISION**

19 Pursuant to RCW 51.52.104 and RCW 51.52.106, these matters are before the Board for  
20 review and decision on timely Petitions for Review filed by the self-insured employer to the two  
21 Proposed Decisions and Orders issued on December 11, 1989, in which the two orders of the  
22 Department dated November 18, 1988, as well as the order dated March 7, 1989, were affirmed.  
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25 The Board has reviewed the evidentiary rulings in the record of proceedings and finds no  
26 prejudicial error was committed and said rulings are hereby affirmed.  
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28 The issue presented is whether Mr. Roberson's bilateral carpal tunnel syndrome, which  
29 required surgery in March 1989, was the result of an aggravation of his preexisting condition, which  
30 arose during the course of his employment with Iowa Beef Processors, Inc. (IBP), or if it developed as  
31 a natural and proximate result of his employment with Paschen Contractors, Inc. (Paschen). IBP  
32 contends that Mr. Roberson's carpal tunnel syndrome as it existed in 1988 resulted from the working  
33 conditions at Paschen, and Mr. Roberson's new claim for industrial insurance benefits should be  
34 allowed, and the aggravation applications filed on the self-insured claims should be denied.  
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39 Mr. Roberson began working at IBP in 1984, approximately seven months before he began  
40 having problems with his hands. He worked cutting and trimming beef shanks, an activity which  
41 required him to lift meat off a conveyor belt and trim it. In March, 1985, Mr. Roberson filed two claims  
42 with his self-insured employer. Claim No. S-739776 was for a right wrist condition and Claim No.  
43 S-739787 was for a left wrist condition.  
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1 On May 19, 1985, Mr. Roberson first consulted David Fischer, M.D., an orthopedic surgeon,  
2 regarding his problems with his hands. Mr. Roberson presented with complaints of numbness and  
3 abnormal sensation in the middle fingers of his right hand. Dr. Fischer obtained EMG tests which  
4 indicated that Mr. Roberson had developed early carpal tunnel syndrome on the right. In addition, the  
5 Phalen's Test indicated that Mr. Roberson had carpal tunnel syndrome bilaterally.  
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9 In May of 1985, Mr. Roberson left the employment of IBP. Two weeks later, he began working  
10 for Transco Pacific Railroad as a "gandy dancer" operating a jackhammer and sledge hammer in  
11 helping build a railroad. This employment continued until late summer, 1985.  
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13 By August, 1985, Mr. Roberson was complaining of pain in both of his hands interfering with his  
14 ability to sleep at night. Dr. Fischer continued treating Mr. Roberson until January 22, 1986. His  
15 treatment included injections to attempt to relieve inflammation and the use of a wrist splint.  
16 Throughout the time that Dr. Fischer provided treatment, Mr. Roberson's complaints were  
17 predominantly in the right wrist. In fact, Dr. Fischer said he thought the claims involved only the right  
18 wrist. As of January, 1986, Mr. Roberson had been off of work for a couple of months and his  
19 symptoms and complaints had subsided. Dr. Fischer noted on his last visit that Mr. Roberson still had  
20 occasional twinges and discomfort and the Phalen's Test remained positive on both sides. At that  
21 time, Dr. Fischer recommended that the claims be closed with no permanent partial disability. On April  
22 16, 1986, the self- insured employer issued orders closing the claims with payment of medical benefits  
23 only.  
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27 The record indicates that Mr. Roberson left his employment with Transco in late summer of  
28 1985, and as of January, 1986, had not returned to work. In the fall of 1987 he began work with  
29 Paschen. His work history between late 1985 and the fall of 1987 is somewhat sketchy. Mr.  
30 Roberson testified that he was unemployed for several months. He also stated he worked briefly as  
31 an insulation installer, worked for a month as a dishwasher, worked a few days digging holes, and  
32 worked helping people in and out of radiation suits.  
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36 In September or October, 1987, Mr. Roberson started working construction jobs out of the  
37 Laborers' Local No. 440. He worked with Paschen Contractors, Inc. on a highway construction  
38 project. His responsibilities included general labor, carpentry, and operation of a chipping gun.  
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42 On June 20, 1988 Mr. Roberson consulted Wilbur G. Sandbulte, M.D., an orthopedic surgeon,  
43 concerning problems he was again experiencing with his hands and wrists. Mr. Roberson gave a  
44 history which included his bilateral carpal tunnel syndrome which developed while working for IBP. He  
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1 also complained of increasing symptoms for approximately six months prior to the examination. Mr.  
2 Roberson stated he had been unable to sleep for more than two or three hours per night, due to pain,  
3 numbness and tingling in both hands and that he experienced numbness when he did heavy lifting.  
4 Dr. Sandbulte's examination revealed positive responses to both Tinel's and Phalen's tests, which  
5 were indicative of carpal tunnel syndrome bilaterally.  
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9 Based on Dr. Sandbulte's recommendation, Mr. Roberson ceased his employment with  
10 Paschen in June, 1988. He filed his application to reopen his self-insured claims on June 29, 1988.  
11 Mr. Roberson also filed an accident report for a claim based on his employment with Paschen on  
12 January 9, 1989.  
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14 Because of the severity of Mr. Roberson's symptoms, Dr. Sandbulte performed carpal tunnel  
15 release surgery on the right wrist on March 15, 1989 and on the left wrist on March 24, 1989. The  
16 record does not indicate whether Mr. Roberson was employed from June, 1988 until he had his  
17 surgery in March, 1989. However, Dr. Sandbulte did indicate that Mr. Roberson returned to work as a  
18 flagger on April 11, 1989.  
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22 Both medical witnesses agree that Mr. Roberson suffered from carpal tunnel syndrome as a  
23 result of his employment with IBP. They both agree that the use of vibrating tools would likely  
24 aggravate the symptoms of carpal tunnel syndrome. Dr. Sandbulte concluded that the condition he  
25 treated was related to Mr. Roberson's employment at IBP, based on Mr. Roberson's statements that  
26 he was never pain-free after the condition initially developed in 1985. On the other hand, Dr. Fischer  
27 found Mr. Roberson's condition to be fixed and stable, virtually symptom-free, and resulting in no  
28 permanent disability, in early 1986.  
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32 Our industrial appeals judge relied on the rules set forth in McDougle v. Dep't of Labor & Indus.,  
33 64 Wn.2d 640, 645, 393 P.2d 631 (1964) to conclude that the aggravation of Mr. Roberson's carpal  
34 tunnel syndrome should be the responsibility of IBP. We disagree. The facts of this case lead us to  
35 the conclusion that the aggravation of Mr. Roberson's bilateral carpal tunnel syndrome arose as a  
36 natural consequence of repeated trauma through use of a jackhammer, sledge hammer, chipping gun  
37 and similar vibrating equipment during the course of his employment subsequent to IBP.  
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41 At the time Mr. Roberson's self-insured claims were closed in early 1986, his treating doctor  
42 noted Mr. Roberson had only occasional discomfort and no permanent disability. Only after his return  
43 to work in the construction field with Paschen in late 1987 and the first six months of 1988 did Mr.  
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1 Roberson's carpal tunnel syndrome flare up, resulting in the need for bilateral carpal tunnel release  
2 surgery.  
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4 As we stated in In re Alfred Swindell, BIIA Dec., 53 792 and 54 864 (1980), McDougle does not  
5 hold that a new accident identifiable in time and place adversely affecting an area of the body  
6 previously injured in an industrial injury, must be considered an aggravation of that previous injury.  
7 But, as we pointed out in In re Robert D. Tracy, Dckt. No. 88 1695 (February 2, 1990) at 6: "A new  
8 injury and an aggravation of a preexisting condition are not necessarily mutually exclusive." See, also,  
9 In re Mary L. Wardlaw, Dckt. No. 88 2105 (May 25, 1990). McDougle, Swindell, Tracy, and Wardlaw  
10 all involved industrial injury claims. These appeals concern occupational disease claims. However, a  
11 similar analysis applies.  
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16 In previous decisions, we have quoted the strong dicta in Dennis v. Dep't of Labor & Indus., 109  
17 Wn.2d 467, 745 P.2d 1295 (1987), in support of our position that a work-caused aggravation of a  
18 preexisting symptomatic condition can, in certain cases, constitute a new occupational disease under  
19 the Industrial Insurance Act. So what is the difference between a new occupational disease and an  
20 aggravation of a preexisting symptomatic condition which had been the basis of a prior claim? Under  
21 certain circumstances, the answer may be "none".  
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25 As in all requests for benefits, we must first look at the issue of proximate cause. In Simpson  
26 Logging Co. v. Dep't of Labor & Indus., 32 Wn.2d 472, 202 P.2d 448 (1949), the Court stated that a  
27 cause must be proximate in the sense that there is no intervening cause, and but for the exposure in  
28 the employment, the disease would not have been contracted. In other words, the question here is:  
29 Did Mr. Roberson's subsequent employment activity constitute a supervening cause that resulted in  
30 the need for surgery, independent of his work activity at IBP which gave rise to the original diagnosis  
31 of carpal tunnel syndrome?  
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35 Dr. Sandbulte found this question difficult to answer because Mr. Roberson's symptoms  
36 improved after he left IBP and did not significantly worsen until after he went to work for Paschen in  
37 the fall of 1987. Dr. Sandbulte acknowledged that Mr. Roberson's use of vibrating tools after his  
38 employment at IBP contributed to his carpal tunnel syndrome. Yet Dr. Sandbulte also believed Mr.  
39 Roberson would have required surgery at some point if he pursued any type of occupation which  
40 required use of his hands. Dr. Fischer stated that once a person is susceptible to carpal tunnel  
41 syndrome, he or she is probably susceptible to it indefinitely, depending upon activity level. He noted  
42 that Mr. Roberson's use of vibrating tools would likely cause an aggravation of his symptoms. The  
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1 medical testimony provides support for both the aggravation and new occupational disease theory.  
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3 However, both doctors seem to agree that, in carpal tunnel syndrome cases, employment which  
4 requires repetitive use of the hands leads to the need for surgery.

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6 In its petition, IBP points out that in occupational disease claims where "injurious exposure" has  
7 occurred through multiple employment, the "successive employers rule" applies. This Board in a long  
8 line of cases has held that the insurer "on the risk" on the date of compensable disability or last  
9 injurious exposure is responsible for the full costs of the claim. There is no apportionment among  
10 successive insurers for the consequences of occupational disease. See In re Lester Renfro, BIIA  
11 Dec., 86 2392 (1988); In re Forrest Pate, BIIA Dec., 58 399 (1982); In re Delbert Monroe, BIIA Dec.,  
12 49 698 (1978).  
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16 However, those cases do not involve the issue of the aggravation of a preexisting condition  
17 which had been an accepted occupational disease claim. Does this matter? The Industrial Insurance  
18 Act requires that a preexisting disability be segregated from a subsequent permanent partial disability  
19 award affecting the same part of the body. See RCW 51.32.080(3) and RCW 51.32.100. We have  
20 previously stated that the segregation section of the statute cannot be used in an attempt to avoid the  
21 "successive insurer rule" prohibiting apportionment. In re Ronald Auckland, Dckt. No. 88 4099  
22 (January 10, 1990). In fact, our prior decisions have encouraged employers, as a policy matter, to  
23 take responsibility for current conditions to avoid future responsibility. In re Herbert G. Lovell, BIIA  
24 Dec., 69 823 (1986). IBP did just that.  
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30 Mr. Roberson's carpal tunnel syndrome, which initially occurred during his employment with  
31 IBP, resulted in no permanent disability as of April, 1986, when his self-insured claims were closed. It  
32 is possible that as a natural consequence the condition thereafter worsened over time. However, it is  
33 much more probable that Mr. Roberson's subsequent employment which involved the use of various  
34 vibrating equipment constituted a supervening cause, resulting in the need for the March 1989  
35 surgeries. The medical testimony supports this conclusion, as does the case law and our previous  
36 decisions.  
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40 After consideration of the Proposed Decisions and Orders and the Petitions for Review filed  
41 thereto, and a careful review of the entire record before us, we are persuaded that Mr. Roberson's  
42 claim should be allowed as a new occupational disease.  
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3 **FINDINGS OF FACT**  
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5 1. On March 4, 1985, the self-insured employer, Iowa Beef Processors, Inc.,  
6 received an accident report alleging that the claimant, Leonard C.  
7 Roberson, sustained a compensable injury or condition to his right wrist on  
8 February 25, 1985, while in the course of his employment with Iowa Beef  
9 Processors, Inc. The claim was assigned No. S-739776. On April 16,  
10 1986, the self-insured employer issued an order closing the claim with  
11 payment for medical benefits only.

12 On March 7, 1985, the self-insured employer received an accident report  
13 alleging that the claimant, Leonard C. Roberson, suffered a compensable  
14 injury or condition to his left hand on March 4, 1985, while in the course of  
15 his employment with Iowa Beef Processors, Inc. The claim was assigned  
16 No. S-739787. On April 16, 1986, the self-insured employer issued an  
17 order closing the claim with payment for medical benefits only.

18 On June 29, 1988, the claimant filed an application to reopen both claims  
19 for aggravation of the conditions caused by the occupational disease. On  
20 August 12, 1988, the Department denied the aggravation applications and  
21 determined that Claim Nos. S-739776 and S-739787 should remain  
22 closed pursuant to the provisions of the self-insured orders of April 16,  
23 1986, and noted the possibility that a new injury had been sustained.

24 After a September 2, 1988 protest and request for reconsideration under  
25 each claim, the Department held the August 12, 1988 orders in abeyance  
26 in its orders of September 21, 1988. On November 18, 1988, the  
27 Department set aside and held for naught its August 12, 1988 orders and  
28 reopened Claim Nos. S-739776 and S-739787 effective June 20, 1988 for  
29 authorized treatment and action as indicated.

30 On January 12, 1989, the employer filed a notice of appeal from the  
31 Department order of November 18, 1988 in Claim No. S-739776. On  
32 January 20, 1989, the Board issued an order granting the appeal,  
33 assigning it Docket No. 89 0106, and directed that proceedings be held on  
34 the issues raised therein.

35 On January 12, 1989, the employer filed a notice of appeal from the  
36 Department order of November 18, 1988 in Claim No. S-739787. On  
37 January 20, 1989, the Board issued an order granting the appeal,  
38 assigning it Docket No. 80 0107, and directed that proceedings be held on  
39 the issues raised therein.

40 2. On January 9, 1989, the Department of Labor and Industries received an  
41 accident report alleging that the claimant, Leonard C. Roberson,  
42 developed bilateral carpal tunnel syndrome as a result of an industrial  
43 injury or occupational disease on June 20, 1988, while in the course of his  
44 employment with Paschen Contractors, Inc. The claim was assigned No.  
45 K-100288. Provisional time loss compensation benefits were paid.  
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1 On March 7, 1989, the Department issued an order rejecting the claim on  
2 the basis that the medical condition had been allowed under self-insured  
3 claim Nos. S-739776 and S-739787, determined that provisional time loss  
4 compensation had been paid for the period January 9, 1989 through  
5 March 4, 1989 in the amount of \$2,271.94 and demanded reimbursement  
6 in that amount.  
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8 On March 16, 1989, the claimant filed a notice of appeal from the  
9 Department order of March 7, 1989. On April 5, 1989, the Board issued  
10 an order granting the appeal, assigning it Docket No. 89 0820 and directed  
11 that proceedings be held on the issues raised.

- 12 3. During the course of his employment with IBP in 1984-1985, Mr. Roberson  
13 developed carpal tunnel syndrome on the left and right as the result of his  
14 work as a beef trimmer.
- 15 4. As of April 16, 1986, Mr. Roberson's bilateral carpal tunnel condition  
16 causally related to his employment with IBP, and allowed under Claim  
17 Nos. S-739776 and S-739787, was fixed and stable, requiring no further  
18 treatment, and resulting in no permanent partial disability.
- 19 5. Between April 16, 1986 and November 18, 1988, the worsening of Mr.  
20 Roberson's bilateral carpal tunnel syndrome was not causally related to  
21 his employment with IBP in 1984-85.
- 22 6. In 1987 and 1988, Mr. Roberson's work with Paschen Contractors, Inc., as  
23 a laborer, required him to operate various vibrating equipment, including  
24 drills and chipping guns.
- 25 7. As a result of operating vibrating equipment, which was a distinctive  
26 condition of his employment with Paschen Contractors, Inc., Mr. Roberson  
27 aggravated his preexisting bilateral carpal tunnel syndrome and this  
28 aggravation arose naturally and proximately out of his employment with  
29 Paschen Contractors, Inc.
- 30 8. As a result of the aggravation of Mr. Roberson's preexisting bilateral carpal  
31 tunnel syndrome resulting from his employment with Paschen Contractors,  
32 Inc., he required active treatment, including bilateral carpal tunnel release  
33 surgeries in March 1989.

### 34 **CONCLUSIONS OF LAW**

- 35 1. The Board of Industrial Insurance Appeals has jurisdiction over the subject  
36 matter and parties to these appeals.
- 37 2. Between April 16, 1986 and November 18, 1988, the worsening of Mr.  
38 Roberson's bilateral carpal tunnel syndrome was not causally related to  
39 his 1984-85 employment with IBP, and therefore Claim Nos. S-739776  
40 and S-739787 should not be reopened pursuant to RCW 51.32.160.
- 41 3. The aggravation of Mr. Roberson's preexisting bilateral carpal tunnel  
42 syndrome by the distinctive conditions of his employment with Paschen  
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1 Contractors, Inc., constitutes an occupational disease as defined by RCW  
2 51.08.140.

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4 4. The Department order regarding Claim No. S-739776 dated November  
5 18, 1988 which set aside and held for naught the Department order of  
6 August 12, 1988 and reopened this claim effective June 20, 1988 for  
7 authorized treatment and action as indicated, is incorrect and should be  
8 reversed.
- 9 5. The Department order regarding Claim No. S-739787 dated November  
10 18, 1988 which set aside and held for naught the Department order of  
11 August 12, 1988 and reopened the claim effective June 20, 1988 for  
12 authorized treatment and action as indicated, is incorrect and should be  
13 reversed.
- 14 6. The Department order of May 7, 1989 in Claim No. K-100288 which  
15 rejected the claim against Paschen Contractors, Inc., on the basis that the  
16 medical condition had been allowed under self-insured claim Nos.  
17 S-739776 and S-739787, determined that provisional time loss  
18 compensation had been paid for the period January 9, 1989 through  
19 March 4, 1989 in the amount of \$2,271.94, and demanded reimbursement  
20 in that amount, is incorrect and should be reversed.
- 21  
22 7. All three claims are remanded to the Department with directions to enter  
23 orders allowing the aggravation of the claimant's preexisting bilateral  
24 carpal tunnel syndrome as an occupational disease under Claim No.  
25 K-100288, denying the applications to reopen for aggravation of condition  
26 in Claim Nos. S-739776 and S-739787, and to take such further action as  
27 may be appropriate under the law and the facts.

28 It is so ORDERED.

29 Dated this 5<sup>th</sup> day of July, 1990.

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31 BOARD OF INDUSTRIAL INSURANCE APPEALS

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34 /s/  
35 SARA T. HARMON Chairperson

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38 /s/  
39 FRANK E. FENNERTY, JR. Member

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42 /s/  
43 PHILLIP T. BORK Member