



# Filing a Workers' Compensation Appeal

## What is the BIIA?

The Board of Industrial Insurance Appeals (BIIA) is a state agency that is **independent** from the Department of Labor and Industries (L&I). The BIIA hears appeals from decisions made by L&I in several areas, including:

- Industrial insurance (workers' compensation)
- Safety citations under the Washington Industrial Safety and Health Act (WISHA)
- Employer premium assessments
- Crime victim compensation

## Workers' Compensation Claim

A claim for workers' compensation begins when an injured worker files an application for benefits with L&I or a self-insured employer. If you disagree with a decision made by L&I, you should do one of the following:

- File a protest and request for reconsideration with L&I

OR

- File an appeal with the BIIA

Do not file a protest with L&I if you are filing an appeal with the BIIA.

If you disagree with a decision made by a self-insured employer, file a protest with L&I.

## Workers' Compensation Appeals

You must file an appeal within 60 days of the date you receive L&I's decision. Your appeal should include:

- Name and address of the injured worker
- Name and address of the employer
- L&I claim number
- Date of injury or occupational disease
- Date of the L&I decision being appealed
- County in which you would like proceedings to be held
- What you are asking for

## File in Person, by Mail, by Fax, or Online

Board of Industrial Insurance Appeals  
2430 Chandler Court SW  
PO Box 42401  
Olympia WA 98504-2401

Fax: 855-586-5611

Online: [www.biia.wa.gov/Filing.html](http://www.biia.wa.gov/Filing.html)

## Helpful Links

Board of Industrial Insurance Appeals:  
[www.biia.wa.gov](http://www.biia.wa.gov)

Dept. of Labor and Industries:  
[www.lni.wa.gov](http://www.lni.wa.gov)

The appeal process:  
[www.biia.wa.gov/AppealProcess.html](http://www.biia.wa.gov/AppealProcess.html)

Appeal statutes and rules:  
[www.leg.wa.gov/lawsandagencyrules](http://www.leg.wa.gov/lawsandagencyrules)  
See RCW 51.52 and WAC 263-12

## Contact Us

BIIA Headquarters:

2430 Chandler Court SW  
PO Box 42401  
Olympia, WA 98504-2401

General Information:

360-753-6823 or 800-441-0447  
Fax: 855-586-5611